WHAT IS A SELF-ASSESSMENT?
An evaluation of how an individual rates him/herself on a specific set of competencies, behaviors, or attitudes.

A SELF-ASSESSMENT MAY BE ORGANIZED
» using online or paper surveys.
» as an in-person interview.
» at the beginning or end of a project.

USE IT TO
» learn what participants need from the knowledge exchange.
» gauge changes in participant competencies, behaviors, or attitudes after the exchange.

HOW TO USE IT
» Prepare a self-assessment plan that includes
  › the goal of self-assessment.
  › when to begin the assessment.
  › how often to assess.
  › who will complete the assessment.
» Create self-assessment instrument.
» Compare results of self-assessments to at least one of the following:
  › actual performance data
  › manager assessments
  › industry standards
» Draw lessons learned.